

Beef & Veggie Soup



Shopping list:

- *2 lbs. ground beef*
- *1 can of sweet corn*
- *2 – 25oz jars pasta sauce*
- *2 cups water*
- *2 tsp beef bouillon granules*
- *1 –28oz bag of frozen vegetables*
- *2— gallon freezer bags*

Prep:

1. Brown ground beef.
2. Mix together all ingredients.
3. Split ingredients into two bags and freeze.

Cook:

1. When ready to eat, thaw overnight in refrigerator.
2. Cook in slow cooker on low for 8-10 hours or on high for 4-5 hours.