

Elk County 4-H News

February 2024

Rolling Prairie Extension District - Howard Office
130 South Pennsylvania
P.O. Box 647
Howard, KS 67349
620-374-2174 (Phone)
620-374-2889 (Fax)

K-STATE
Research and Extension



4-H Calendar of Events

February 7	4-H Council Meeting
February 12	4-H Club Day, Favorite Food Show and Junk in a Bucket Entries Due
February 18	Beef Weigh in and Tag Day -- Howard Veterinary Clinic
February 18	Teen Leaders Meeting
February 24	Elk County 4-H Club Day and Favorite Food Show -- West Elk School
March 1	Kansas 4-H Scholarship Applications Due
March 2	KSU Jr Beef Producer Day
March 16	KSU Jr Sheep Producer Day
March 19	YQCA Training -- Howard
March 20	4-H Records Workshop
March 23	Regional 4-H Club Day -- Madison
March 23	4-H Council Steak Supper -- Grenola
March 31	Elk County 4-H Scholarship Applications Due
April 3	4-H Council Meeting
April 24	YQCA Training -- Sedan
April 26 & 27	Sheep/Swine/Meat Goat Weigh in and Tag Day -- Longton
April 27	Chautauqua County Spring Beef Show
May 1	Project Drop/Add Deadline

INCOGNITO: INSECTS IN DISGUISE
2024 INSECT ART CONTEST

The Kansas State Pesticide Safety and IPM Program is hosting an insect-themed art contest!

This year's theme is "Incognito: Insects in Disguise." The goal is to explore how and why insects camouflage.

Participants of all ages are welcome to submit a work of art featuring an insect that can camouflage.

How to Enter: Fill out an entry form and send with your insect artwork by **April 15, 2024**.

See full rules and details at:
<https://www.kstate.edu/pesticides-ipm/>

CATEGORIES

- Illustrates a real life insect
- 3-D (cut, paper, stained glass, or other media)

AGE GROUPS

- Kindergarten - 2nd Grade
- 3rd Grade - 5th Grade
- 6th Grade - 8th Grade
- High School
- Adults

IPM
INTEGRATED PEST MANAGEMENT
A PART OF THE KANSAS STATE UNIVERSITY

A cartoon illustration of a detective wearing a brown hat and coat, holding a magnifying glass over a green insect on a leaf.

4-H Club Day, Favorite Food Show and Junk in a Bucket

The Favorite Food Show and 4-H Club Day will be Saturday, February 24 at West Elk School. **Entries for 4-H Club Day, Favorite Food Show and Junk in a Bucket are all due by Monday, February 12.** More information about each of these is in this newsletter.

One entry form for 4-H Club Day, Favorite Food Show and Junk in a Bucket is available to be used for entries. It is included in the newsletter and is posted to the website.

What is 4-H Club Day

4-H Club Day is where 4-H'ers can participate in activities either as a group or an individual. Activities can range from model meetings, demonstrations, project talks, dancing, music, dramatics, etc. It is competitive, with judges giving ratings in Champion, Reserve Champion, Blue, Red, and White placings. It is a good time for 4-H'ers to develop self-confidence and poise. It is an opportunity to perform in front of others and share one's 4-H experience.

Some of the events at 4-H Club Day have changed a little. Refer to the publication [Guidelines for Regional 4-H Club Day](#) for more information about each club day event, age requirements and other details. In addition, all score sheets used for each event are included in the publication.

Gavel Games

Gavel Games is designed to teach parliamentary procedure in a fun, meaningful way. In a Gavel Games contest, four 4-H'ers make up a team and act as officers for a 4-H business model meeting. President, Vice President, Secretary, and Treasurer are the only officers in this parliamentary exercise.

Each team takes a written test as well. Part of the test is the order of business. Teams receive a score

on both the written test and oral presentation. Age divisions are Junior (13 and under) and Senior (14 and older).

If anyone is interested in Gavel Games or would like more information, let me know. I will be glad to help anyone wanting to try this. Team members do not have to be from the same club.

Favorite Food Show

The Favorite Food Show is an exhibit and contest to encourage 4-H'ers to learn about meal planning, food preparation, and presentation. A "Favorite Food" is chosen, one the 4-H'er likes and likes to prepare. A menu is planned with the food, and the table decor is coordinated. Foods chosen may be main courses, desserts, snacks, breads, casseroles or other.

A recipe card and a menu card should be displayed with the proper table setting. The 4-H'er will visit informally with the judge and tell how to prepare and serve the food, why they selected the table service and dishes, and why the centerpiece is appropriate. The 4-H'er should also know some of the nutritional value of the food and be able to discuss that with the judge.

This is a creative and fun event for 4-H'ers. There are no hard and fast rules. The following score card will be used.

30 Points - The Exhibitor

- Appropriate Dress
- Originality
- Interview - Eye contact, clarity, volume of voice. Demonstrates understanding of table setting techniques and the menu, food preparation and food safety.

30 Points - The Favorite Food

- Can discuss nutritional value and healthy portions.
- Understands preparation of the food item.
- Appearance of food including portion size.
- Food safety knowledge.

20 Points - Menu with Favorite Food

- Appropriate food choices.
- Understanding of meal preparation time management.
- Knowledge and experience with this menu.
- Balanced in color and texture.

20 Points - Table Setting with Favorite Food

- Appropriate for menu
- Menu and recipe are clear and legible.
- Attractive-color scheme, dishes, food, placemats, linen, etc.
- Appropriate centerpiece.

For more information about the Favorite Food Show go to:

<https://www.rollingprairie.k-state.edu/elkcounty4h/favoritefoodshow/>

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## Junk in a Bucket

Each entrant will be given a bucket of junk to create an item for entering in the county fair. Buckets will be available on February 24 at 4-H Club Day or can be picked up at the Extension Office anytime after that.

### Ground Rules for Junk in a Bucket:

1. Pre-entry is required and will be due by February 12, 2024 to the Rolling Prairie Extension District - Howard Office.
2. Photos of each bucket will be taken. NO extra materials may be used in the creation of the item.
3. Any of the items in the bucket MAY be cut or reconfigured, but NO items may be added.
4. Items in the bucket may be welded. Baling wire may be used to connect items, but may be used ONLY to connect pieces. No extra wire is allowed. Zip Ties may also be used to connect items in the bucket.
5. In creating the project, all items in the bucket DO NOT have to be used.
6. Projects may be painted, but it is not required.
7. ALL buckets and items not used should be returned along with the exhibit to the Elk

County Fair in July. All Junk in a Bucket projects will be exhibited in a special class at the fair.

8. Only 4-H'ers entered may participate in this event. This is an individual person exhibit; NOT a team or club exhibit.
9. Awards may be given in three age divisions: Junior, Intermediate and Senior. Awards will be based on creativity and originality of the project.
10. Junk in a Bucket is not a project that you enroll in like (Foods, Clothing, etc). You just have to complete an entry form, pick up your bucket and make an item and enter the exhibit at the county fair.
11. A silent auction may be held at the Elk County Fair for the Junk in a Bucket exhibits that members would like to be sold. Listing items in the silent auction is optional.

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4-H Council

4-H Council will meet **Wednesday, February 7 at 6:30 p.m. at the Extension Meeting Room in Howard.** The agenda items include:

- Record Books and Excellence Awards
- Steak Dinner
- Fair Awards
- Other New Business

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## Beef Weigh In

**Sunday, February 18**

**2:00 - 3:00 p.m. at Howard Veterinary Clinic**

All market beef animals and commercial breeding heifers need to be tagged and weighed to be eligible for the 2024 county fair. Tags will cost \$4.00. Tagging is 150 days prior to the fair.

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Livestock Tagging

If you wish to exhibit an animal of any species at the 2024 Elk County 4-H Fair, it must be tagged

and/or ownership verified by registration papers, including dairy and bucket calf. All breeding animals must have ownership as of the date of that species weigh in/tag day. Commercial livestock needs to be tagged with a 4-H tag and registered purebred livestock must have registration papers in the exhibitor's name. Breeding animals that were tagged in previous years and are eligible for the 2023 county fair, do not need to be retagged so long as the previous year's tag is still in its ear.

Breeding beef heifers must be tagged at the weigh in and tag day on February 18 or have registration papers by that date. Breeding meat goats, sheep and swine must be tagged on April 26 or 27 or have registration papers by this date.

Dairy cattle/goats and bucket calves need to be tagged and recorded with the Extension Office by May 1 of the current year.

Bucket Calves

Many calves are being born now. Sometimes a producer has an orphan calf or bucket calf available. If you are wanting a bucket calf for a 4-H project, let me know as producers often let me know they have calves available.

Dairy cattle/goats and bucket calves need to be tagged and recorded with the Extension Office by May 1 of the current year. Tags are available at the Extension Office and cost is \$2.00. Pickup a tag at the Extension Office or call to schedule a time for Richard to tag your calf.

Teen Leaders

There will be a Teen Leaders meeting on **Sunday, February 18, 5:30 p.m.** at Fechter's House. We will assemble buckets of junk and have a meeting about upcoming events. Committees that were formed at the December meeting need to be prepared to report. We will have food and drinks.

Committees and members to report at the meeting about costs and other details are:

Axe Throwing -- Emma and Rachel
Escape Room -- Bella and Maggie
Paintball -- Peyton and Jaxson

Market Livestock Weight Requirements for 2024

For members and families interested in enrolling in market livestock projects, the weight requirements are the same as they were last year and there will be no rate of gain requirements for all species to be eligible for the premium sale.

Species	Weight
Market Beef	minimum of 1050 lbs.
Market Hog	minimum of 220 lbs.
Market Lamb	minimum of 100 lbs.
Market Goat	minimum of 60 lbs.

Updated weight charts for all species have been updated and posted to the Elk County 4-H website under the livestock. <https://www.rollingprairie.k-state.edu/elkcounty4h/livestock/index.html>

YQCA Certification

One of the requirements for those who plan to participate in the Kansas State Fair Grand Drive and/or KJLS is that ALL exhibitors are required to complete Youth for the Quality Care of Animals (YQCA) certification to be eligible for either show in 2024.

FOR ELK COUNTY MEMBERS: Each 4-H/FFA member that wishes to sell animal(s) in the livestock premium sale at the county fair must complete YQCA certification training before **July 1**. Members may complete an online course or attend a face-to-face training. Once you complete a training, members will receive a certification number. That information will need to be forwarded to Stephanie Bogdahn.

There will be two face-to-face YQCA training opportunities in Howard and in Sedan. The registration fee of \$3.00 is due online when you register. ***To attend this training, you will need to register online BEFORE THE TRAINING.***

Wednesday, March 19 -- Howard; 6:30 - 7:30 p.m.

Wednesday, April 24 -- Sedan; 7:00 - 8:00 p.m.

Kansas Sheep Association Starter Flock Program

The Kansas Sheep Association (KSA) Starter Flock Program was initiated with the intent to encourage and assist young people to enter the sheep and wool industries and help sustain this important food and fiber industry and our American culture. Available for Kansas residents between age 12 and 25, it can be a good fit with 4-H members looking to start their own flock. Selected participants will receive up to six ewes (based on breed) purchased by KSA, and will also be provided a list of producers who have volunteered to supply a ram. Applications must be submitted by mail or email by February 24.

For full details and an application form please contact Joe Hobbs, 402-278-0202 or hobsshowlambs@yahoo.com

Spring Shows, Sales, Judging and Other Contests

Many events are starting to occur and the Extension Office is receiving information about these. Included on the Rolling Prairie website a list of these as I receive them. Here is the link to them: <http://www.rollingprairie.k-state.edu/elkcounty4h/springshows/index.html>

These events are listed FOR INFORMATION PURPOSES ONLY! No endorsement of any event is intended. For more information about any of these, contact the Extension Office. Some of these have a pre-registration deadline, so do not wait until the last minute to inquire about a contest or

event. Check back often as list will be updated when notices are received at the office.

Drop/Add Project Deadline

Even though you needed to be enrolled by December 1 to be eligible to exhibit at the county fair; you have until May 1 to make changes in your projects. You can do this through 4HOnline or call the Extension Office and we can do it for you. If you are trying to do this in 4HOnline, after May 1 it will not allow you to make any changes.

Jim Williams Memorial Scholarship

This scholarship was setup several years ago for Elk County 4-H members to receive up to \$50 to attend an out of county 4-H event. The *Scholarship is for attending events like 4-H Camp, Citizenship in Action, KYLF, Livestock Judging Camp, Junior National Beef Shows, Discovery Days, Geology Field Trip, etc. Not one day judging contests or events such as SE Area Contests, Livestock Judging Contests or spring shows.*

Mandatory requirements to receive up to a \$50 scholarship for an out of county 4-H event:

- Write a paragraph about why you want to attend this event and attach to this form.
- 4-H members must meet at least 5 of the requirements listed below. All requirements must have been completed within the past 12 months unless stated otherwise.
- Turned in a completed record book to the Extension Office the previous 4-H year. This is not a requirement for first year members.

Here is a link to the application:

<https://www.rollingprairie.k-state.edu/elkcounty4h/scholarships/index.html>

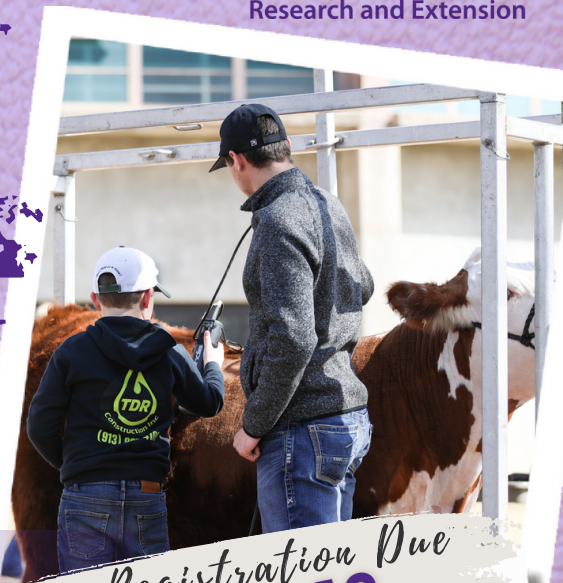
The application must accompany the registration form and payment for 4-H event when submitted to the Extension Office.



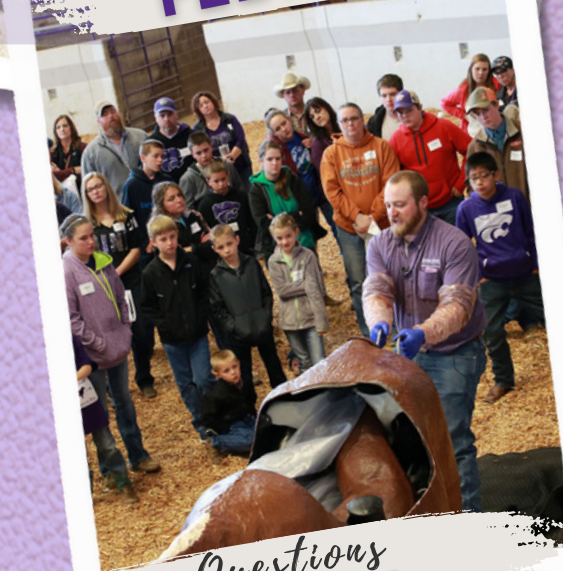
K-STATE
Research and Extension

2024 K-STATE Junior BEEF Producer Day

MARCH 2



Registration Due
FEB. 12



Questions
LEXIE HAYES
(785)532-1264 ADHAYES@KSU.EDU



Program

Join us March 2, 2024, for the K-State Junior Beef Producer Day in Weber Arena on the Kansas State University campus. This event will be a fun-filled, educational day of activities in which youth, parents, beef project leaders, and extension agents can expand their knowledge of youth beef projects. Presentations and demonstrations by K-State faculty, staff, K-State livestock judging team members, and guest speakers will cover topics such as selection, nutrition, meat science, reproduction, health, grooming, and showmanship. An optional YQCA certification session will be offered at the end of the day. A complimentary lunch and t-shirt (early registrations) will be provided. The registration fee is \$20/person for those who sign up by February 12 and \$25 for those who register after the deadline. Only those who register by February 12 will receive a t-shirt. This is a family event! Anyone attending must register, including youth and adults.



Tentative Schedule

- 8:00AM Check-in & Registration
- 9:30AM Welcome
- 9:45AM Project Selection
- 10:30AM Morning Breakout Sessions
 - Nutrition, Meat Science, Daily Hair Care, Clipping & Fitting
- NOON Lunch
- 1:00PM Afternoon Breakout Sessions
 - Health, Reproduction, Showmanship
- 3:15PM Wrap-up & Dismissal
- 3:30PM YQCA Certification & State Livestock Nominations (optional)



Registration

Registration Deadline: February 12
 Registration Fee: \$20/person
 Registration Link: <http://bit.ly/ksuasiregister>
 Late Registration: \$25/person after February 12

- *All attendees must register, including youth & adults.
- **Late registrants will not receive a t-shirt.
- ***To register by mail, contact Lexie for a paper registration form.



Scan Me!



Kansas State University
Animal Sciences and Industry
Youth Livestock Program

K-State, County Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating. All educational programs and materials available without discrimination on the basis of race, color, religion, national origin, sex, age, or disability.

K-State Research and Extension and the Department of Animal Sciences & Industry, or their assignees, reserve the right to photograph, record the image and/or voice of participants for future research, educational, or promotional purposes. By attending, you provide consent to the above items and waive all rights to claims for payment or royalties in connection with any use of said images or recordings, unless you notify event organizers you withhold consent, in writing, prior to the event.

2024 K-STATE

MARCH 16



Join us for K-State Junior Sheep Producer Day on Saturday, March 16, 2024, in Weber Hall on the Kansas State University campus. Presentations and demonstrations will be provided by featured guests, as well as K-State faculty, staff, and students. This event will be a fun-filled, educational day of activities in which youth, parents, extension agents, and sheep project leaders can increase their knowledge of youth sheep project selection and management. Topics include project selection, nutrition and feeding, facilities, health, reproduction, meat science, wool, clipping and grooming, showmanship, and an optional YQCA certification at the end of the day. This event is designed for all ages and skill levels. Lunch is included. The registration fee is \$20/person for those who sign up by February 26, or \$25/person for those who register after that date. Only those who register by February 26 will receive a t-shirt. This is a family event! Anyone attending, including both youth and adults, must register.



SCAN ME!



Registration Deadline

FEB. 26

 *Tentative Schedule*

- 8:30AM Check-in & Registration
- 9:30AM Welcome
- 9:45AM Project Selection
- 10:30AM Morning Breakout Sessions
 - Nutrition, Facilities & Equipment, Starter Flock
- NOON Lunch
- 12:45PM Health
- 1:30PM Afternoon Breakout Sessions
 - Wool, Showmanship, Clipping & Grooming
- 3:45PM Wrap-up & Dismissal
- 4:00PM YQCA Certification & State Livestock Nominations (optional)

 *Registration*

Registration Deadline: February 26
 Registration Fee: \$20/person
 Registration Link: <http://bit.ly/ksuasiregister>
 Late Registration: \$25/person

*All attendees must register, including youth & adults.
 **Late registrants will not receive a t-shirt.
 ***To register by mail, contact Lexie for a form.

K-State Research and Extension and the Department of Animal Sciences & Industry, or their assignees, reserve the right to photograph, record the image and/or voice of participants for future research, educational, or promotional purposes. By attending, you provide consent to the above items and waive all rights to claims for payment or royalties in connection with any use of said images or recordings, unless you notify event organizers you withhold consent, in writing, prior to the event.

Questions

Lexie Hayes

K-State, County Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating. All educational programs and materials available without discrimination on the basis of race, color, religion, national origin, sex, age, or disability.



 785-532-1264
 adhayes@ksu.edu

Elk County 4-H Club Day, Favorite Food Show, and Junk in a Bucket Entry Form

Due in the Extension Office by Monday, February 12-- by 4:00 p.m.

Public Presentations

***Project Talk**

***Demonstration/Illustrated Talk**

***Public Speaking**

Parliamentary Procedure

***Jr Gavel Games**

***Sr Gavel Games**

Music

***Chorus**

***Vocal Ensemble**

***Instrumental Ensemble**

***Vocal Solo**

***Instrumental Solo**

Talent

***Reading**

***Dance Routines**

***Skit/One Act Play**

***Novelty**

Sr Job Interview

Favorite Food Show

Name:

Favorite Food :

Served for (Occasion):

Name:

Favorite Food :

Served for (Occasion):

Name:

Favorite Food :

Served for (Occasion):

Junk in a Bucket

K-State Research and Extension is an equal opportunity provider and employer.

www.rollingprairie.ksu.edu

jstephen@ksu.edu

Jan Stephens, Multi County Specialist

dbracken@ksu.edu

Doris Bracken, Office Professional

lortwitt@ksu.edu

Lori Wittmeier, Office Professional

ballen@ksu.edu

Ben Allen, District Extension Agent

rfechter@ksu.edu

Richard H Fechter, District Extension Agent

Fax: 620-725-5892

Fax: 620-374-2889

Phone: 620-725-5890

Phone: 620-374-2174

Sedan, KS 67361-1326

Howard, KS 67349-0647

Courthouse

130 South Pennsylvania

Sedan Office

Howard Office



Rolling Prairie Extension District 4-H April Update



Rolling Prairie Extension District #8, Chautauqua and Elk Counties

130 South Pennsylvania

P.O. Box 647

Howard, KS 67349-0647