

Elk County 4-H News

January 2024

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K-STATE
Research and Extension



4-H Calendar of Events

December 22 - January 1	Extension Offices Closed
January 13	4-H Day with K-State Women's Basketball Game
January 15	Holiday -- Offices Closed
January 19	Southeast Area 4-H Project Record Screening
January 26	Registration Deadline for Citizenship in Action
January 27	4-H Horse Panorama -- Salina
February 7	4-H Council Meeting
February 12	4-H Club Day, Favorite Food Show and Junk in a Bucket Entries Due
February 18 - 19	Citizenship in Action -- Topeka
February 18	Beef Weigh in and Tag Day -- Howard Veterinary Clinic
February 24	Elk County 4-H Club Day and Favorite Food Show -- West Elk School
March 1	Kansas 4-H Scholarship Applications Due
March 2	KSU Jr Beef Producer Day
March 16	KSU Jr Sheep Producer Day
March 20	4-H Records Workshop
March 23	Regional 4-H Club Day -- Madison
March 23	4-H Council Steak Supper -- Grenola
March 31	YQCA Training -- Howard
March 31	Elk County 4-H Scholarship Applications Due
April 3	4-H Council Meeting
April 24	YQCA Training -- Sedan
April 26 & 27	Sheep/Swine/Meat Goat Weigh in and Tag Day -- Longton
April 27	Chautauqua County Spring Beef Show

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**A VERY MERRY**  
**CHRISTMAS**  
and Happy New Year!

## 4-H Club Day, Favorite Food Show and Junk in a Bucket

The Favorite Food Show will be the same day as 4-H Club Day, February 24 at West Elk School. Entries for 4-H Club Day, Favorite Food Show and Junk in a Bucket are all due by Monday, February 12. More information about each of these is in this newsletter.

One entry form for 4-H Club Day, Favorite Food Show and Junk in a Bucket is available to be used for entries. It is included in the newsletter and is posted to the website.

## Horse Panorama

Horse Panorama is January 27 at the K-State Salina Campus in Salina. The event is for 4-H Members ages 9-18 and adult volunteers. Horse Panorama is a compilation of various contests related to the Horse Project. Contests include: quiz bowl, hippology, public speaking presentations, photography and educational posters.

Registration is due January 2. For more information go to the [Horse Panorama](#) webpage.

## 4-H Day with Wildcat Women's Basketball

4-H Day with the Wildcat Women's Basketball is scheduled for Saturday, January 13, at 1:00 p.m. Online registration is due January 1. Refer to the enclosed flyer for more information.

## Citizenship in Action

Would you like to have more influence in laws and rules that affect your life? Then you'll want to go to Kansas 4-H Citizenship in Action! This two day event is sponsored by the State 4-H Youth Leadership Council. The purpose of the event is for Kansas youth to learn how the state legislative

process works and how their voice and participation in decision-making can make a difference in their local communities. The legislative visit will not only familiarize youth with the capitol building, but will also show them how they can affect the legislative process.

Citizenship in Action is held February 18-19, 2024 in Topeka. It is for members age 13-18 years old by January 1, 2024.

**Registration:** [HERE!](#) And is due by January 26.

## What is 4-H Club Day

4-H Club Day is where 4-H'ers can participate in activities either as a group or an individual. Activities can range from model meetings, demonstrations, project talks, dancing, music, dramatics, etc. It is competitive, with judges giving ratings in Champion, Reserve Champion, Blue, Red, and White placings. It is a good time for 4-H'ers to develop self-confidence and poise. It is an opportunity to perform in front of others and share one's 4-H experience.

Some of the events at 4-H Club Day have changed a little. Refer to the publication [Guidelines for Regional 4-H Club Day](#) for more information about each club day event, age requirements and other details. In addition, all score sheets used for each event are included in the publication.

## Gavel Games

Gavel Games is designed to teach parliamentary procedure in a fun, meaningful way. In a Gavel Games contest, four 4-H'ers make up a team and act as officers for a 4-H business model meeting. President, Vice President, Secretary, and Treasurer are the only officers in this parliamentary exercise.

Each team takes a written test as well. Part of the test is the order of business. Teams receive a score on both the written test and oral presentation. Age divisions are Junior (13 and under) and Senior (14 and older).

If anyone is interested in Gavel Games or would like more information, let me know. I will be glad to help anyone wanting to try this. Team members do not have to be from the same club.

## Favorite Food Show

The Favorite Food Show is an exhibit and contest to encourage 4-H'ers to learn about meal planning, food preparation, and presentation. A "Favorite Food" is chosen, one the 4-H'er likes and likes to prepare. A menu is planned with the food, and the table decor is coordinated. Foods chosen may be main courses, desserts, snacks, breads, casseroles or other.

A recipe card and a menu card should be displayed with the proper table setting. The 4-H'er will visit informally with the judge and tell how to prepare and serve the food, why they selected the table service and dishes, and why the centerpiece is appropriate. The 4-H'er should also know some of the nutritional value of the food and be able to discuss that with the judge.

This is a creative and fun event for 4-H'ers. There are no hard and fast rules. The following score card will be used.

### 30 Points - The Exhibitor

- ✿ Appropriate Dress
- ✿ Originality
- ✿ Interview - Eye contact, clarity, volume of voice. Demonstrates understanding of table setting techniques and the menu, food preparation and food safety.

### 30 Points - The Favorite Food

- ✿ Can discuss nutritional value and healthy portions.
- ✿ Understands preparation of the food item.
- ✿ Appearance of food including portion size.
- ✿ Food safety knowledge.

### 20 Points - Menu with Favorite Food

- ✿ Appropriate food choices.

- ✿ Understanding of meal preparation time management.
- ✿ Knowledge and experience with this menu.
- ✿ Balanced in color and texture.

### 20 Points - Table Setting with Favorite Food

- ✿ Appropriate for menu
- ✿ Menu and recipe are clear and legible.
- ✿ Attractive-color scheme, dishes, food, placemats, linen, etc.
- ✿ Appropriate centerpiece.

## Junk in a Bucket

Each entrant will be given a bucket of junk to create an item for entering in the county fair. Buckets will be available on February 24 at 4-H Club Day or can be picked up at the Extension Office anytime after that.

### Ground Rules for Junk in a Bucket:

1. Pre-entry is required and will be due by February 12, 2024 to the Rolling Prairie Extension District - Howard Office.
2. Photos of each bucket will be taken. NO extra materials may be used in the creation of the item.
3. Any of the items in the bucket MAY be cut or reconfigured, but NO items may be added.
4. Items in the bucket may be welded. Baling wire may be used to connect items, but may be used ONLY to connect pieces. No extra wire is allowed. Zip Ties may also be used to connect items in the bucket.
5. In creating the project, all items in the bucket DO NOT have to be used.
6. Projects may be painted, but it is not required.
7. ALL buckets and items not used should be returned along with the exhibit to the Elk County Fair in July. All Junk in a Bucket projects will be exhibited in a special class at the fair.
8. Only 4-H'ers entered may participate in this event. This is an individual person exhibit; NOT a team or club exhibit.

9. Awards will be given in three age divisions: Junior Intermediate and Senior. Awards will be based on creativity and originality of the project.
10. Junk in a Bucket is not a project that you enroll in like (Foods, Clothing, etc). You just have to complete an entry form, pick up your bucket and make an item and enter the exhibit at the county fair.
11. A silent auction may be held at the Elk County Fair for the Junk in a Bucket exhibits that members would like to be sold. Proceeds would go to the Elk County 4-H Council. Listing items in the silent auction is optional.



## Kansas 4-H and Elk County 4-H Scholarships

If you are a high school senior or college student start thinking about applying for 4-H scholarships now. The Kansas 4-H Foundation partners with Kansas 4-H to offer over 50 different scholarships to help fund higher education for 4-H youth who are high school seniors or older.

Kansas 4-H Scholarship applications are due by March 1. The application for the Elk County 4-H Scholarship is due March 31. Here is a link to information and the application for both the Kansas and Elk County scholarships.

<https://www.rollingprairie.k-state.edu/elkcounty4h/scholarships/index.html>



## Market Livestock Weight Requirements for 2024

For members and families interested in enrolling in market livestock projects, the weight requirements are the same as they were last year and there will be no rate of gain requirements for all species to be eligible for the premium sale.

| Species     | Weight               |
|-------------|----------------------|
| Market Beef | minimum of 1050 lbs. |
| Market Hog  | minimum of 220 lbs.  |
| Market Lamb | minimum of 100 lbs.  |
| Market Goat | minimum of 60 lbs.   |

Updated weight charts for all species have been updated and posted to the Elk County 4-H website under the livestock.



## Livestock Tagging

If you wish to exhibit an animal of any species at the 2024 Elk County 4-H Fair, it must be tagged and/or ownership verified by registration papers, including dairy and bucket calf. All breeding animals must have ownership as of the date of that species weigh in/tag day. Commercial livestock needs to be tagged with a 4-H tag and registered purebred livestock must have registration papers in the exhibitor's name. Breeding animals that were tagged in previous years and are eligible for the 2023 county fair, do not need to be retagged so long as the previous year's tag is still in its ear.

Breeding beef heifers must be tagged at the weigh in and tag day on February 18 or have registration papers by that date. Breeding meat goats, sheep and swine must be tagged on April 26 or 27 or have registration papers by this date.

Dairy cattle/goats and bucket calves need to be tagged and recorded with the Extension Office by May 1 of the current year.



## Drop/Add Project Deadline

Even though you needed to be enrolled by December 1 to be eligible to exhibit at the county fair, you have until May 1 to make changes in your projects. You can do this through 4HOnline or call the Extension Office and we can do it for you. If you are trying to do this in 4HOnline, after May 1 it will not allow you to make any changes.





SATURDAY, JANUARY 13, 2024



**K-STATE**  
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# KANSAS 4-H DAY WITH K-STATE WOMEN'S BASKETBALL

\$30: Ticket, Voucher (\$10  
concessions), & Shirt

\$20: Ticket & Voucher (\$10  
concessions)

## HOW TO GET TICKETS?

1. Register! Use the QR code or the link below!
2. Pick up ticket packages - location TBD  
(1/13/24, 11:30 AM-12:30 PM)
3. Doors open for the general public (1/13/24,  
12:00 PM)
4. Tip-off! (1/13/24, 1:00 PM)

Online registration for this event will be due **January 1st, 2024**. No paper registrations will be accepted. To register, go to: <https://bit.ly/3N85oPY>

Kansas State University Agricultural Experiment Station and Cooperative  
Extension Service

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Resource: <https://www.apa.org/topics/resilience>

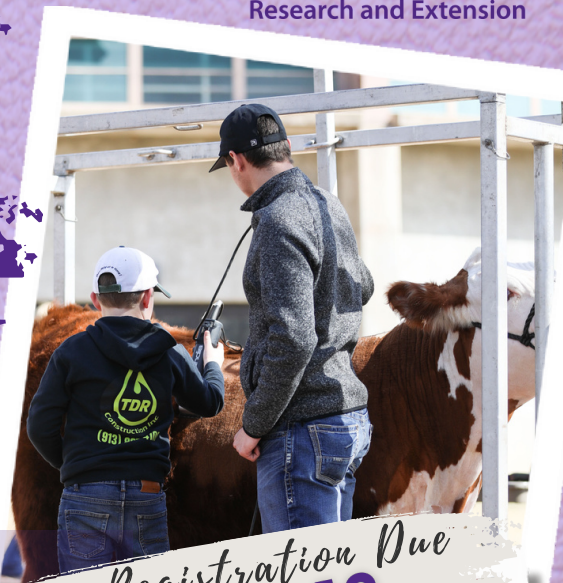




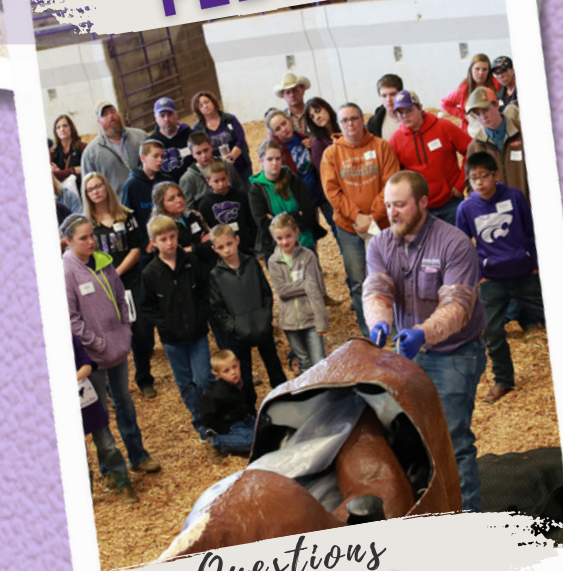
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# 2024 K-STATE Junior BEEF Producer Day

## MARCH 2



Registration Due  
**FEB. 12**



Questions  
**LEXIE HAYES**  
(785)532-1264 ADHAYES@KSU.EDU



### Program

Join us March 2, 2024, for the K-State Junior Beef Producer Day in Weber Arena on the Kansas State University campus. This event will be a fun-filled, educational day of activities in which youth, parents, beef project leaders, and extension agents can expand their knowledge of youth beef projects. Presentations and demonstrations by K-State faculty, staff, K-State livestock judging team members, and guest speakers will cover topics such as selection, nutrition, meat science, reproduction, health, grooming, and showmanship. An optional YQCA certification session will be offered at the end of the day. A complimentary lunch and t-shirt (early registrations) will be provided. The registration fee is \$20/person for those who sign up by February 12 and \$25 for those who register after the deadline. Only those who register by February 12 will receive a t-shirt. This is a family event! Anyone attending must register, including youth and adults.



### Tentative Schedule

- 8:00AM Check-in & Registration
- 9:30AM Welcome
- 9:45AM Project Selection
- 10:30AM Morning Breakout Sessions
  - Nutrition, Meat Science, Daily Hair Care, Clipping & Fitting
- NOON Lunch
- 1:00PM Afternoon Breakout Sessions
  - Health, Reproduction, Showmanship
- 3:15PM Wrap-up & Dismissal
- 3:30PM YQCA Certification & State Livestock Nominations (optional)



### Registration

Registration Deadline: February 12  
 Registration Fee: \$20/person  
 Registration Link: <http://bit.ly/ksuasiregister>  
 Late Registration: \$25/person after February 12

- \*All attendees must register, including youth & adults.
- \*\*Late registrants will not receive a t-shirt.
- \*\*\*To register by mail, contact Lexie for a paper registration form.



Scan Me!



Kansas State University  
Animal Sciences and Industry  
Youth Livestock Program

K-State, County Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating. All educational programs and materials available without discrimination on the basis of race, color, religion, national origin, sex, age, or disability.

K-State Research and Extension and the Department of Animal Sciences & Industry, or their assignees, reserve the right to photograph, record the image and/or voice of participants for future research, educational, or promotional purposes. By attending, you provide consent to the above items and waive all rights to claims for payment or royalties in connection with any use of said images or recordings, unless you notify event organizers you withhold consent, in writing, prior to the event.



# 2024 K-STATE

# MARCH 16



Join us for K-State Junior Sheep Producer Day on Saturday, March 16, 2024, in Weber Hall on the Kansas State University campus. Presentations and demonstrations will be provided by featured guests, as well as K-State faculty, staff, and students. This event will be a fun-filled, educational day of activities in which youth, parents, extension agents, and sheep project leaders can increase their knowledge of youth sheep project selection and management. Topics include project selection, nutrition and feeding, facilities, health, reproduction, meat science, wool, clipping and grooming, showmanship, and an optional YQCA certification at the end of the day. This event is designed for all ages and skill levels. Lunch is included. The registration fee is \$20/person for those who sign up by February 26, or \$25/person for those who register after that date. Only those who register by February 26 will receive a t-shirt. This is a family event! Anyone attending, including both youth and adults, must register.

Registration Deadline **FEB. 26**

Tentative Schedule

- 8:30AM Check-in & Registration
- 9:30AM Welcome
- 9:45AM Project Selection
- 10:30AM Morning Breakout Sessions
  - Nutrition, Facilities & Equipment, Starter Flock
- NOON Lunch
- 12:45PM Health
- 1:30PM Afternoon Breakout Sessions
  - Wool, Showmanship, Clipping & Grooming
- 3:45PM Wrap-up & Dismissal
- 4:00PM YQCA Certification & State Livestock Nominations (optional)

Registration

Registration Deadline: February 26  
 Registration Fee: \$20/person  
 Registration Link: <http://bit.ly/ksuasiregister>  
 Late Registration: \$25/person

\*All attendees must register, including youth & adults.  
 \*\*Late registrants will not receive a t-shirt.  
 \*\*\*To register by mail, contact Lexie for a form.

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*Questions*

Lexie Hayes

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785-532-1264  
[adhayes@ksu.edu](mailto:adhayes@ksu.edu)

**Elk County 4-H Club Day, Favorite Food Show, and Junk in a Bucket Entry Form**

*Due in the Extension Office by Monday, February 12-- by 4:00 p.m.*

***Public Presentations***

**\*Project Talk**

**\*Demonstration/Illustrated Talk**

**\*Public Speaking**

***Parliamentary Procedure***

**\*Jr Gavel Games**

**\*Sr Gavel Games**

***Music***

**\*Chorus**

**\*Vocal Ensemble**

**\*Instrumental Ensemble**

**\*Vocal Solo**

**\*Instrumental Solo**

***Talent***

**\*Reading**

**\*Dance Routines**

**\*Skit/One Act Play**

**\*Novelty**

***Sr Job Interview***

**Favorite Food Show**

Name:

Favorite Food :

Served for (Occasion):

Name:

Favorite Food :

Served for (Occasion):

Name:

Favorite Food :

Served for (Occasion):

**Junk in a Bucket**



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K-State Research and Extension is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision or hearing disability, or a dietary restriction please contact the Howard Office.

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## **Rolling Prairie Extension District Elk County 4-H News**



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